



Navigators Discipleship Tool



5 Chapter Bible Reading Plan

Rooted in God's Word, Formed Over Time

INTRODUCTION

Spiritual growth rarely comes from rushing through Scripture. More often, it is shaped by returning to God's Word again and again—allowing familiar passages to soak into our spirits and speak freshly to our hearts over time.

This **six-month reading plan** is built around a simple, steady rhythm. Each week, you'll read the same five passages, one chapter per weekday. Saturdays are set aside for application, and Sundays invite you to practice an even more immersive interaction with Scripture through memorization.

By lingering in these passages week after week, you may begin to notice new connections, deeper conviction, and greater freedom as you listen for God's voice. Rather than aiming for knowledge of all of Scripture, this plan invites formation through dwelling in just a few passages.

Take this journey at a pace that works for you. Some weeks will feel rich and focused; others may feel scattered. Remember: God is present in both.

Monday — Deuteronomy 6

God's covenant and commandments

Read Deuteronomy 6 slowly, paying attention to God's covenant relationship with His people. Notice how obedience is framed as a response to God's faithfulness rather than a burden to be carried alone.

Reflection:

- What does this passage reveal about God's character?
 - How does obedience flow from relationship with God?
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Tuesday — Psalm 51

The importance of confession

Sit with Psalm 51 as a prayer of confession and restoration. Allow its honesty to shape your own prayer as you trust in God's mercy and desire to renew your heart.

Reflection:

- What does this passage reveal about God's character?
 - How does confession flow from relationship with God?
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Wednesday — Matthew 5-7

The values of the Kingdom

Read Matthew 5-7 with attention to Jesus' teaching on the economy and culture of His Kingdom. Contemplate what this passage reveals about who Jesus is, what He values, and what type of participation in His Kingdom He desires from its citizens.

Reflection:

- What does this passage reveal about God's character?
 - How does citizenship in Christ's Kingdom flow from relationship with God?
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Thursday — Romans 8

Assurance in Christ through life in the Spirit

Reflect on Romans 8, listening for themes of freedom, hope, and assurance. Contemplate what this chapter teaches us about God's love for us and the identity He offers us in Christ Jesus.

Reflection:

- What does this passage reveal about God's character?
 - How does hope flow from relationship with God?
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Friday — Ephesians 4

Building Christian Community: the Church

Read Ephesians 4 slowly, paying attention to Paul's call to live in a way that reflects our life in Christ. Notice how unity, humility, patience, and love shape both personal growth and life together in the body of Christ.

Reflection:

- Why is it important to grow in Christian maturity and build up Christ's body, the Church?
 - How does Christian unity flow from relationship with God?
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Saturday — Application

Think back through the week's readings. Does anything **SPEAK** to you? Is there a:

- **S**in for you to confess or avoid?
- **P**romise to claim?
- **E**xample to follow (or not follow)?
- **A** command to obey?
- **K**nowledge about God to embrace (or correct)?

Consider taking time to journal through your thoughts or using our **9 Steps to Inductive Bible** Study guide to dig more deeply into one of these passages.

Sunday — Scripture Memory

Choose **one verse or short passage** from the week's readings to memorize. (Feel free to do this over several weeks or months.) Consider using our **How to Memorize Scripture** resource as you allow God's Word to settle into your heart.

Reflection:

- Which verse do I want to carry with me right now?
- Why does this verse feel important to memorize in this season?



Suggestion for building a Scripture Memory Rhythm:

Before you begin your daily reading, take 5 minutes to practice your Scripture memory.

Month 1

Sundays: Memorize Deuteronomy 6:4-5

- ☐ • Week 1: Deuteronomy 6:4a
- ☐ • Week 2: Deuteronomy 6:4b
- ☐ • Week 3: Deuteronomy 6:5a
- ☐ • Week 4: Deuteronomy 6:5b
- ☐ Review the parts you've memorized of Deuteronomy 6:4-5 on Mondays-Fridays.

Month 2

Sundays: Memorize Psalm 51:10-12

(Consider reviewing daily.)

- ☐ • Week 1: Psalm 51:10
- ☐ • Week 2: Psalm 51:11
- ☐ • Week 3: Psalm 51:12
- ☐ • Week 4: Solidify or add additional verse
- ☐ Review Deuteronomy 6:4-5 on Mondays, Wednesdays, and Fridays.
- ☐ Review what you've memorized of Psalm 51 on Tuesday and Thursdays

Month 3

Sundays: Memorize Matthew 7:24-25

- ☐ • Week 1: Matthew 7:24a
- ☐ • Week 2: Matthew 7:24b
- ☐ • Week 3: Matthew 7:25a
- ☐ • Week 4: Matthew 7:25b
- ☐ Review Deuteronomy 6:4-5 on Mondays, and Wednesdays.
- ☐ Review Psalm 51:10-12 on Tuesdays and Fridays.
- ☐ Review what you've memorized of Matthew 7 on Thursdays.

Month 4

Sundays: Memorize Romans 8:37-39

(Consider reviewing daily.)

- ☐ • Week 1: Romans 8:37
- ☐ • Week 2: Romans 8:38
- ☐ • Week 3: Romans 8:39
- ☐ • Week 4: Solidify or add additional verse
- ☐ Review Deuteronomy 6:4-5 on Mondays.
- ☐ Review Psalm 51:10-12 on Tuesdays.
- ☐ Review Matthew 7:24-25 on Wednesdays.
- ☐ Review what you've memorized of Romans on Thursdays.
- ☐ Use Friday to review the verse you need to solidify.

Month 5

Sundays: Memorize Ephesians 4:29-32

- ☐ • Week 1: Ephesians 4:29
- ☐ • Week 2: Ephesians 4:30
- ☐ • Week 3: Ephesians 4:31
- ☐ • Week 4: Ephesians 4:32
- ☐ Review Deuteronomy 6:4-5 on Mondays.
- ☐ Review Psalm 51:10-12 on Tuesdays.
- ☐ Review Matthew 7:24-25 on Wednesdays.
- ☐ Review Romans 8:37-39 on Thursdays.
- ☐ Review what you've memorized of Ephesians on Fridays.

Month 6

- ☐ Review Deuteronomy 6:4-5 on Mondays.
- ☐ Review Psalm 51:10-12 on Tuesdays.
- ☐ Review Matthew 7:24-25 on Wednesdays.
- ☐ Review Romans 8:37-39 on Thursdays.
- ☐ Review Ephesians 4:29-32 on Fridays.

DATE **CHAPTER****Week 1**

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 2

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 3

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 4

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 5

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 6

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 7

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 8

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 9

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

DATE **CHAPTER****Week 10**

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 11

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 12

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 13

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 14

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 15

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 16

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 17

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 18

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

DATE **CHAPTER****Week 19**

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 20

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 21

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 22

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 23

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 24

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 25

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

Week 26

Deuteronomy 6	☐
Psalms 51	☐
Matthew 5-7	☐
Romans 8	☐
Ephesians 4	☐

☐ **6 MONTHS COMPLETE!**