DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓		
Week 37	Week 42	Week 48		
1 Timothy	John			
1	1 📙	2		
2	2	Jude		
4	4	1 🗆		
5		Revelation		
Week 38	Week 43	1		
6	6			
2 Timothy	8 🗆	Week 49		
1	9 🗆 10	3 🔲		
2		4 L 5 D		
4	Week 44	6		
Week 39	11			
Titus	13 🔲	Week 50		
1	14 <u> </u>	8 🔲		
3	Week 45	9 L ————— 10 П		
1 John	16 \_			
1	17	12		
	18 L 19 D	Week 51		
Week 40		13		
3	Week 46	15 🔲		
5	21	16 L   17 D		
2 John	1 Thessalonians	_		
]	1	Week 52		
3 John 1 🗆	2	18		
	4 🗆	20 🔲		
Week 41	Week 47	21 <u> </u>		
1 Peter 1	5			
2	2 Thessalonians			
4	1 🗆	©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship		
5	2	Journal 5x5x5 Bible Reading Plan.  Reprints: Permission is granted to reprint		
	2 Peter	unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for non-commercial use. All copyright		



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## **Navigators Discipleship** Tool



# **New Testament Bible Reading Plan**

Read through the New Testament in (5) days a week, (5) minutes a day.

#### 5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

#### 5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

### 5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3 Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ① Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



ine Navigators			New Testament Reading Plan		
DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER 🗸
Week 1	Week 7	Week 13	Week 19	Week 25	Week 31
Mark 1	15		23		24
Week 2	20 □	Week 14	28 🗆	Week 26	Week 32
	21	3	Romans	4	5
Week 3	Week 9 25 □	1	Week 21	1	Week 33
		Week 15 3	5	Week 27	
Week 4	Week 10	6	Week 22		Week 34
Acts 16  2  3		Week 16	10	Week 28	15
Week 5	Week 11	Week 17	15 🔲	13	3
5	7	13	Ephesians  16	Week 29	Week 35
Week 6		Week 18	— 4 ☐ — 5 ☐ — 6 ☐  Philippians — 1 ☐ — 2 ☐	Week 30	Week 36