



Navigator Disciplemaking Tool



7 DAYS OF HOPE-FILLED PROMISES

Day 1:

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. Jeremiah 29:11 (ESV)

Day 2:

But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. Isaiah 40:31 (ESV)

Day 3:

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. Romans 15:13

Day 4:

Come to me, all who labor and are heavy laden, and I will give you rest. Matthew 11:28 (ESV)

Day 5:

You are my hiding place and my shield; I hope in your word. PS 119:114 (ESV)

Day 6:

Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope. And hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. Romans 5:3-5

Day 7:

Be strong, and let your heart take courage, all you who wait for the Lord! Ps 31:24 (ESV)

Prayer:

Each day counting your blessings focuses your hope on the Lord and not on the circumstances of today. Share these promises with your friends or neighbors. Write them down and memorize.