

HUNGRY FOR HOPE

Restoring Identity

June 3–5, 2009

(All itineraries are general guidelines only and may be subject to change)

WEDNESDAY, JUNE 3RD

- 3:00pm Check-In
- 6:00pm Dinner
- 7:00pm **General Session I:**
Eating, Weight & Identity, Juliet Zuercher, RD
Identity, Self-Esteem, and the Gospel, Travis Stewart, LPC, MATS
- 9:00pm Coffee and snacks

THURSDAY, JUNE 4TH

- 7:15am Holy Habits Devotional (optional)
 “Falling in Love with Prayer (Again)” with Jeff Morrison
- 7:45am Breakfast
- 8:20am Worship
- 8:45am **General Session II:**
Identity, Narcissism & Eating Disorders, Ken Littlefield, PsyD
- 10:00am **Workshop Session One**—1.75 CE *(choose one)*
- ▶ *Body and Soul Care for the Therapist*, Caleb Mitchell, LPC, MDiv & Elisa Mitchell, RC
 - ▶ *I AM an Anorexic! The Growing Pro-Ana/Mia Trend*, Dena Cabrera, PsyD
 - ▶ *Rocks, Walls and Ropes; How Experientials and Risk-Taking Promote Recovery*, Travis Stewart, LPC, MATS
- 12:15pm Lunch
- 1:30pm **Workshop Session Two**—1.5 CE *(choose one)*
- ▶ *Athletes & Eating Disorders*, Ken Littlefield, PsyD
 - ▶ *Spiritual Formation and Restoration in the Healing Process*, Don Worcester, PhD
 - ▶ *Reclaiming Our Family Identity: A Psychological and Nutritional Perspective*, Juliet Zuercher, RD & Dena Cabrera, PsyD
- 3:00pm Free Time



HUNGRY FOR HOPE

Restoring Identity

June 3–5, 2009

(All itineraries are general guidelines only and may be subject to change)

6:00pm	Dinner
7:00pm	General Session III: <i>A Month Without Makeup: What 28 Days of Feeling Ugly Taught Me About True Beauty</i> , Constance Rhodes
8:15–10:00pm	Movie Night

FRIDAY, JUNE 5

7:15am	Holy Habits Devotional (optional) “Been with Jesus—Acts 4:13” with Mike McNamee
7:45am	Breakfast
8:35am	Worship
9:00am	General Session IV: <i>Restoring Identity: What the Therapist Brings to the Process</i> , Caleb Mitchell, LPC, MDiv <i>Restoring Identity: What the Patient Brings to the Process</i> , Don Worcester, PhD
10:20am	Break
10:35am	Q&A Panel
12:00pm	Dismiss - Box Lunch provided

