

Asian American Ministries “Ohana” Journey
The Kingdom of God and Your Work:
The Journey through the Gospel of Luke
September 2010 to July 2011
~Schedule~

Phase 1: 1st Journey through Luke
Meditative Reading from September to November

- **Read and journal** through the entire book of Luke.
 - This is not for speed-reading but slow meditative reading.
 - There are 2 Supplemental Resources on our Website with instructions to help you read spiritually.
 1. Lectio Divina
 - <http://www.valyermo.com/index.html>
 2. The Jogging Monk And Exegesis Of The Heart
 - <http://www.navpress.com/EPubs/DisplayArticle/1/1.89.20.html>
- Reflect on the entire book and jot down impressions, thoughts and themes that emerge on the Kingdom of God and our Work.
- Gather Monthly: Share impressions from the first Journey through Luke. Share impressions, thoughts and themes that emerge on the Kingdom of God and our Work.
- Conference call: For those unable to gather, we will set up a conference call.

Phase 2: 2nd Journey through Luke
Study from December to February

- Re- read through Luke again with eyes, ears and hearts in tune to hearing and seeing what the Lord has to say about Work. Try reading through another version of Luke.
- Stop and Linger at some Points of Interests.
- Utilizing some of the Supplemental Bible Studies on our Website
 - The Kingdom of God and our Work** by John Ridgway
<http://www.navigators.org/asian-american>
 1. Introduction
 2. The Biblical Understanding of Sork
 3. The Totality of Work
 4. Business as Mission
- Gather Monthly: Share impressions from your second Journey through Luke. Share impressions, thoughts and themes that emerge on Spiritual Intimacy
- Conference call: For those unable to gather, we will set up a conference

Phase 3: 3rd Journey through Luke Examen from March to May

- Re-read through Luke again with eyes, ears and hearts in tune to hearing and seeing what the Lord has to say.
- Try listening to the Gospel of Luke this time. Check out an audio version of the Bible at your local library.
- Take time to “Examen” your life
 - Utilize **Examen: Prayer of Examen**
http://www.seattlevineyard.org/files/prayer_of_examen.pdf
- Continue to look at Points of Interest
- Gather Monthly: Share impressions from your third Journey through Luke. Share impressions, thoughts and themes that emerge on Spiritual Formation and Transformation at work
- Conference call: For those unable to gather, we will set up a conference

Phase 4: Live and Develop your Expression Engage in prayer of formation from June to July

- Review key passages you meditated on.
- Let the Word soak in very deep...perhaps memorize, continue to meditate and definitely live out your story of the Kingdom of God and your Work
- “Engage” in prayer for your spiritual formation and transformation at work.
- Begin to develop an "Expression" of what you learned. The key to developing an “expression” is that the word needs to be “lived out” before it can be fully expressed.
- The “Expression” can be a message to preach, a workshop, Bible study series, paper, article, music, art, poem, dance, etc. The focus is to develop an expression from deep within so that what the Lord impressed upon us is "pass-on-able"
- Share and send your expression to Debbie and Tom

Come to the Ohana Gathering in Early July