

Introduction

The goal of this material is for you to know God personally and make Him known to others by sharing His Word and your life in a loving relationship.

You are a “player-coach.” You are in the race of a Christian life, along with other Christians, as a player. You have also assumed a leadership role in another person’s life as a coach. A coach helps people determine realistically where they are in life and where they could be. The gap between who we are and who God wants us to be is the course God wants to lead us on with His Word.

The design of this material is based on six assumptions:

- Our attitudes and actions can be changed by regular time in God’s Word.
- Lessons should be simple, but not childish, and open to self-discovery.
- Key verses should be applied for life change by asking good questions and providing accountability.
- Spiritual life, like physical life, has normal growth and maturity.
- God answers prayer.
- This material is designed for a new Christian, yet can be used to review basic concepts with any Christian.

The training for a “Player-Coach” is a four- to six-hour seminar, which allows you to determine where you are as a coach and presents aids to teaching the lessons. Group sessions are designed to have you practice teaching the material.

There are additional teaching aids included in the lessons and teacher’s manual appendices. Please use them to enhance your skill and clarity of the material.

The preparation for this course will require you to answer some questions:

- Who is interested in this discipleship training?
- How many will you be teaching: groups, individuals, or just one person?
- Will you meet with the same people each lesson or will they vary?
- How will you add new participants?
- When will you meet?
- Where will you meet?
- How often and how long will you meet?

The cooperation you will need is from two sources:

1. The persons you are coaching. They need to know that the more time they spend on this material, the more value they will get from it.
2. The organization you are working with. It needs to see the value of regular and intentional training that promotes life change.

The primary resource you have for this material is:

Operation Starting Line

Project Office: 1-877-414-4675

operationstartingline.net

<http://home.navigators.org/us/startingline>

